Blessed are You, Adonai, our God who guides the universe, for giving us life, for keeping us alive, and for helping us reach this day.

TORAH BLESSINGS

Before the reading

Ba-re-chu et A-do-nai ha-me-vo-rach!

Ba-ruch A-do-nai ha-me-vo-rach
le-o-lam va-ed!
Ba-ruch ata, A-do-nai E-lo-hei-nu,
me-lech
ha-o-lam, a-sher ba-char ba-nu mi-kol
ha-a-mim, ve-na-tan la-nu et To-ra-to.
Ba-ruch a-ta, A-do-nai, no-tein
ha-to-rah.

Bless Adonai, the Blessed One!
Blessed is Adonai, now and forever!
Blessed are You, Adonai, our God who guides the universe, for choosing us from all peoples by giving us Your Torah. Blessed are You Adonai, for giving the Torah.

After the reading

Ba-ruch a-ta, A-do-nai E-lo-hei-nu, me-lech
ha-o-lam, a-sher na-tan la-nu To-rat e-met,
ve-cha-yei o-lam na-ta be-to-choe-nu.
Ba-ruch a-ta, A-do-nai, no-tein
ha-to-rah.

Blessed are You, Adonai, our God who guides the universe, for giving us the Torah of truth, which brings eternal life to our people. Blessed are You Adonai, for giving the Torah.
BENEDICTION

Y'VA-REH-CH'CHA ADONAI V'YISH-M'REH-CHA.

May God bless you and keep you.

YA-EIR ADONAI PANAV EI-LEH-CHA VI-CHU-NEH-KAH.

May the light of God's presence shine upon you and be gracious to you.

YI-SAH ADONAI PANAV EI-LEH-CHA V'YA-SEIM L'CHA SHALOM

May God bestow favor upon you and give you peace.